

UNIT 8 - QUIZLET

1. **abuse (n)** = κακοποίηση = Bad, cruel or violent treatment of people or animals | mistreatment
2. **adjust (v)** = προσαρμόζομαι / προσαρμόζω = To change something slightly so that it works better | fits better or is more suitable | adapt
3. **amount (n)** = ποσότητα = A quantity of something | quantity
4. **anxiety (n)** = άγχος = Strong worry or nervousness | stress
5. **aspect (n)** = πλευρά / όψη = One part or feature of a situation, idea, or problem | facet
6. **associated (adj)** = συνδεδεμένος/η/ο = Related to or connected with something | linked
7. **average (n/adj)** = μέσος όρος / μέσος-η-ο = A number expressing the central value | typical
8. **behavior (n)** = συμπεριφορά = The way someone acts | conduct
9. **beneficial (adj)** = ωφέλιμος/η/ο = Helpful, useful or good | advantageous
10. **care (v/n)** = νοιάζομαι / φροντίζω = To worry or look after something/someone | look after
11. **causes (n/v)** = αιτίες / προκαλώ = The reasons why something happens | reasons
12. **contact (n)** = επαφή = Communication with someone, especially by speaking or writing to them regularly | communication
13. **crucial (adj)** = κρίσιμος/η/ο = Extremely important or necessary | vital
14. **currently (adv)** = επί του παρόντος = At the present time | presently
15. **danger (n)** = κίνδυνος = The possibility of harm | threat
16. **deleting (v)** = διαγράφω = To remove something such as data or files | erasing
17. **depression (n)** = κατάθλιψη = The state of feeling very unhappy and without any hope for the future | deep sadness
18. **deprivation (n)** = στέρηση = Lack of or too little of something important | shortage
19. **devices (n)** = συσκευές = Tools or machines made for a particular purpose | gadgets
20. **digital (adj)** = ψηφιακός/η/ο = Using computer technology | computerized
21. **directions (n)** = οδηγίες / κατευθύνσεις = Instructions on how to do something or the path to take | guidance
22. **disease (n)** = ασθένεια = Illness or sickness | illness
23. **dull (adj)** = βαρετός/η/ο = Not interesting | boring
24. **effectively (adv)** = αποτελεσματικά = In a way that is successful and helps you achieve something | efficiently
25. **expect (v)** = περιμένω = To think or believe something will happen | anticipate
26. **exposing (v)** = εκθέτω = To reveal or uncover something hidden | revealing
27. **factor (n)** = παράγοντας = Something that influences a result | element
28. **facts (n)** = γεγονότα = Things known or proven to be true | information
29. **fear (n)** = φόβος = An unpleasant emotion caused by danger or threat | fright
30. **freedom (n)** = ελευθερία = The state of being free | liberty
31. **fundamental (adj)** = θεμελιώδης = Being the most basic or most important thing on which other things depend | essential
32. **gained (v)** = απέκτησα = To get something useful or valuable | obtained
33. **impact (n)** = αντίκτυπος = A strong effect on something | influence
34. **impressive (adj)** = εντυπωσιακός/η/ο = Causing admiration | remarkable
35. **increase (v)** = αυξάνω = To become or make something larger in amount or size | grow
36. **increased (adj)** = αυξημένος/η/ο = Made greater in size or number | raised
37. **inhibit (v)** = εμποδίζω = To take action that makes something less likely or discourages someone | restrain
38. **interested (adj)** = ενδιαφερόμενος/η = Wanting to know more or be involved | curious
39. **inventive (adj)** = εφευρετικός/η/ο = Very good at thinking of new and original ideas | creative
40. **judgement (n)** = κρίση / γνώμη = An opinion formed after careful thought | opinion
41. **keep up (phr v)** = συμβαδίζω = To stay at the same level or speed as someone/something | follow
42. **lack (n)** = έλλειψη = Absence of something needed or wanted | shortage
43. **late (adj)** = αργότερος/η/ο = After the expected time | delayed
44. **mental (adj)** = ψυχικός/η/ο = Related to the mind | psychological
45. **panic (n)** = πανικός = A sudden strong feeling of fear | alarm
46. **performance (n)** = απόδοση = How well someone does something | achievement
47. **popularity (n)** = δημοτικότητα = Being liked or admired by many people | fame
48. **positive (adj)** = θετικός/η/ο = Good or useful | optimistic
49. **posted (v)** = ανέβηκα = To share something publicly online | uploaded
50. **potential (n/adj)** = δυνατότητα / πιθανός-η-ο = Possible ability or result | capability