

USE -ING VERB

As the subject of a sentence

- **Cheating** is not allowed.
- **Eating** candy is bad for your teeth.

After a preposition

- I'm **tired** of waiting for you.
- He's very **good** at painting.

After certain verbs

➡ SEE VERB LIST BELOW

- I **don't** mind waiting.
- She **recommended** **eating** here.

➡ VERBS + ING

avoid, enjoy, finish, hate, keep, like, love, (don't) mind, prefer, recommend, spend time, stop, suggest, etc.

Negative form: NOT + verb-ING

- I love **not having** to go to work.
- I hate **not hearing** from you.