

USE -ING VERB

As the subject of a sentence

- **Cheating** is not allowed.
- **Eating** candy is bad for your teeth.

After a preposition

- I'm **tired of waiting** for you.
- He's very **good at painting**.

After certain verbs

⇒ SEE VERB LIST BELOW

- I **don't mind waiting**.
- She **recommended eating** here.

⇒ VERBS + **ING**

avoid, enjoy, finish, hate, keep, like,
love, (don't) mind, prefer, recommend,
spend time, stop, suggest, etc.

Negative form: **NOT + verb-ING**

- I love **not having** to go to work.
- I hate **not hearing** from you.