

A significant number of people is **struggling** with certain **addictions**. Write an essay (180-220 words) suggesting ways to **deal with the problem**. Your essay will be published in the school magazine.

Organizing your Essay		
Plan	Ways to deal with a problem Essay	
Introduction	Paragraph 1	State the <u>problem</u>
Main Body	Paragraph 2	1 st suggestion / solution with examples / supporting details and expected results
	Paragraph 3	2 nd suggestion / solution with examples / supporting details and expected results
	Paragraph 4	3rd suggestion / solution with examples / supporting details and expected results
Conclusion	Paragraph 5	Summarise all the solutions & state your <u>opinion</u>



Semi-formal register

- ➔ polite, respectful tone, neutral
- ➔ standard, correct grammar – occasional contractions are ok,
- ➔ clear straightforward vocabulary – avoid highly formal terms or slang

- **Target readers:**
- fellow students
- teachers
- parents

HELPFUL VOCABULARY

temptation, peer pressure, withdrawal symptoms, relapse, recovery, stress, anxiety, low self-esteem, loneliness, family problems, lack of support, influence of friends, emotional support, provide counselling services, seek professional help, therapy, rehabilitation programmes, support groups, set limits, self-discipline, long-term consequences, harmful effects, negative impact, tackle the issue, play a key role, implement measures, overcome addiction

SAMPLE ARGUMENTS:

- ↳ Acknowledge the problem
- ↳ Seek help (friends, family / professional help)
- ↳ Identify your triggers (places, people etc.)
- ↳ Start a new hobby or activity
- ↳



Evaluation Rubric (30 points)

Task completion and Content: 10 points

Organization and Cohesion: 10 points

Language Accuracy (Grammar & Syntax, Vocabulary & Spelling): 10 points

SAMPLE

ESSAY

Tourism has grown rapidly in many countries, often creating **challenges** for local communities. Write an (180-220 words) suggesting ways to **deal** with the **problem**.

Your essay will be published in the school magazine.

Tourism has grown rapidly in many countries over the last few decades. Although it brings economic benefits, it also creates serious challenges for local communities. Popular destinations often suffer from overcrowding, environmental damage and increased living costs. As a result, residents may feel frustrated and believe that their quality of life is being negatively affected.

One effective solution would be for governments to promote sustainable tourism. For example, authorities could limit the number of visitors in certain areas and introduce environmental taxes. In cities such as Venice, restrictions on large cruise ships have helped reduce pollution. Such measures would protect natural resources and improve living conditions for locals.

A second important step is investing in infrastructure. Local authorities should improve public transport, waste management systems and accommodation facilities. If roads are expanded and recycling programmes are introduced, both tourists and residents will benefit. Better organisation would reduce traffic congestion and environmental problems.

Finally, local communities should actively participate in tourism planning. Residents could attend public meetings and express their concerns. In addition, supporting small local businesses instead of international chains would strengthen the local economy and ensure fair distribution of profits.

In conclusion, sustainable policies, improved infrastructure and community involvement can effectively address the negative effects of tourism. In my opinion, tourism can remain beneficial only if it respects the needs of local people and the environment.