




## UNIT 7: Human Rights

C/B pp. 112-113

 Student Worksheet – Violence, Nonviolence & Human Rights Values

**Lesson Focus:** Speaking • Group Work

**Duration:** 40 minutes

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### **1** Group Task – Violence & Nonviolence Poster

#### A. Brainstorming

Work with your group and **create a list of words, concepts, and images** connected to:

- **Violence**
- **Nonviolence**

Use the table below to organize your ideas:

<b>Violence</b>	<b>Nonviolence</b>
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____

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#### B. Poster Creation

Using the brainstormed words:

- Include **symbols** (e.g., broken chain, dove, handshake)
- Include **key concepts** (e.g., injustice, peace, empathy)
- Include **visual structure** (mind map, diagram, timeline, shapes)

**Poster Title:** \_\_\_\_\_

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### C. Group Presentation Notes

Prepare short notes to present your poster:

- What message does your poster promote?
- Why did you choose these symbols?
- What is the main difference between violence and nonviolence?

**Presentation Notes:**

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### 2 Personal Task – Your Values Mind Map

Based on what you have learned about **human rights**, create your own mind map.

#### A. Write your values

Examples: dignity • freedom • tolerance • cooperation • respect • equality

Value	Why it matters to me
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

#### B. Rank your values (1 = most important)

Write the number next to each value in your mind map.

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#### C. Compare & Reflect

1. How does this mind map differ from the one you made in the first unit section?

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2. What new ideas about human rights have you gained?

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### **3 Group Discussion – Human Rights in Daily Life**

Discuss the following in groups and take notes:

#### **A. Define each value in the diagram**

(cooperation, tolerance, dignity, respect, fairness, equality, etc.)

Write short definitions:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

#### **B. Why do these values matter at school or with friends?**

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#### **C. Examples of human rights abuses**

(Everyday level or global level)

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#### **D. Propose actions for incorporating these values in everyday life**

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#### **E. Rights & Responsibilities**

- What rights do YOU have?
- How can you protect the rights of OTHERS?

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### **4 Final Task – Human Rights Friendly Schools Project**

Your school celebrates **Human Rights Day (December 10)**.

Prepare a **mini-presentation + poster** on the following:

#### **A. Discuss the importance of these issues:**

- Empowering young people
- Integrating human rights in school life

- Helping students learn their rights & responsibilities
- Building active citizenship
- Changing attitudes & behaviours

Take notes:

Issue	Why it is important in our school
Empowering youth	
Human rights in school culture	
Responsibilities	
Active citizenship	
Changing attitudes	

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**B. Choose the 3 most important aims for a Human Rights Friendly School**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Explain why:

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 **Poster Design Space (optional)**

(You draw directly here or attach your poster)

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 **You're Done!**

You have created:

- A violence/nonviolence poster
- A personal values mind map
- A group discussion summary
- A human rights school presentation plan