



UNIT 7: Human Rights

C/B pp. 101-102

Worksheet

1. Warm-Up – What Do Human Rights Mean?

SHORT INTRO VIDEO LINKS (1–3 Minutes, Classroom-Friendly)

Topic	Link	Notes
What Are Human Rights? (Simple + Clear)	https://youtu.be/oh3BbLk5UIQ	Excellent 2-min intro for teens
The Universal Declaration of Human Rights	https://youtu.be/bJh6u5YzKqg	Uses visuals + easy language
Why Human Rights Matter	https://youtu.be/8_8S3nqUeEo	Emotional + thought-provoking

Write 3 words that come to mind when you hear the phrase **Human Rights**:

1. _____
2. _____
3. _____

2. Symbol Interpretation

Look at the symbols on the board/sheet.

Write what you think each symbol represents and why.

Symbol	Meaning / Interpretation	Why do you think so?
Dove		
Peace Sign		
Scales of Justice		
Earth / Globe		
UN Emblem		
Raised Fist		
Two Hands		
Heart		

3. Quote Discussion (Group Work)

Match each quote with who you think said it and **explain your reasoning**.

Quote	Who said it? (President / Philosopher / Teacher)	Why?
"We have chosen hope over fear, unity of purpose over conflict and discord."	_____	_____
"A nation cannot prosper long when it favours only the prosperous."	_____	_____
"We reject as false the choice between our safety and our ideals."	_____	_____

4. Human Rights – Group Discussion Notes

Answer as a group:

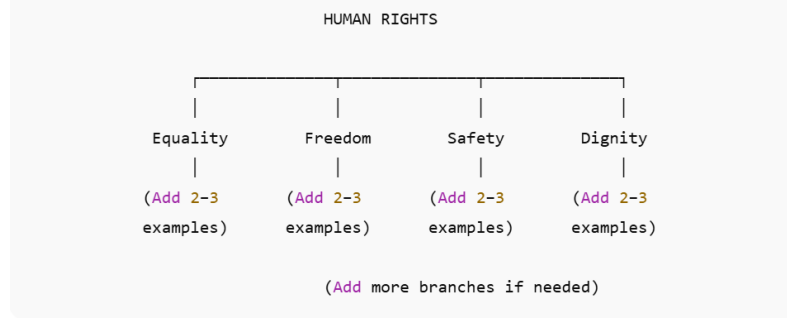
a) What are *human rights*?

b) Name the *milestone document* in human rights history:

c) Write the names of **any organizations** that protect human rights:

5. Mind Map – Human Rights Concepts

Use the following **mind map template** to brainstorm **keywords** related to Human Rights.



Write directly on the diagram or redraw it larger as a poster.

6. Reflection – How Do You Feel?

How do you feel when people are deprived of their human rights?
Write 3–4 sentences expressing your thoughts.
